

5 DAYS CHOGORIA-NARO MORU ROUTE

Chogoria is on the wetter (east) side of the mountain and the Chogoria Forest offers some exceptional walking. We always suggest starting low-down by the Forest Gate or half way giving you a half day of walking before reaching the Park Gate. This is important for acclimatization, not to mention spectacular walking beneath the Podocarpus and Cedar. The track is always liberally marked with elephant and buffalo spoor. The bamboo forest is also thickest on this side of the mountain. Beyond the Park Gate we usually access the mountain via Lake Ellis and its remote campsite before climbing up through the Tussock Grass to Mintos, from which point we launch our attack on Peak Lenana.



VIEWS AND BREATHTAKING SCENARY



- Gorges Valley
- Mackinders Valley
- Bamboo Forest

- Picnic Lunch
- Wildlife
- Lake Ellis

- Nithi Falls
- Mugi Hill
- Mau Mau Caves

CONTACT US:

5-Day Mt. Kenya Chogoria – Naro Moru Route with Accommodation

ITINERARY

Day 0: ARRIVAL AT SILVA MONTANA NAIROBI OR AT SILVA MONTANA HOTEL IN CHOGORIA

Arrive in Nairobi and check in to SILVA MONTANA NAIROBI for the night.

If you arrive in Nairobi early enough drive down to chogoria (5hr Drive and Enjoy the Scenery) and have dinner and accomodation at Silva Montana Hotel.

Day 1 Chogoria Park Gate (Altitude: ~2,950m)

Depart Nairobi early in the morning and drive to Chogoria./Check out at silva Montana hotel with the guides. Arrive at the Chogoria Mt. Kenya Gate and begin a 6km hike to the park gate. In the Afternoon reach the park gate and settle into the campsite. In the Evening: Enjoy dinner and relax at the park gate campsite. Accommodation will be at the Camping Site at Chogoria Park Gate.



Day 2-Chogoria Park Gate – Lake Ellis (Elevation: ~3,450m, 9km)

In the Morning Have breakfast and begin the 9km hike to Lake Ellis.Pass through the scenic Nithi Waterfall along the way. In the Afternoon arrive at Lake Ellis and enjoy a hot lunch by the lakeside. In the Evening take a short hike to view Mugi Hill and return to Lake Ellis ,Relax with tea and popcorn, followed by dinner. Accommodation: Camping at Lake Ellis.



Day 3-Lake Ellis – Mintos Hut (Elevation: ~4,250m, 12km)

After breakfast, start the ascent to Mintos Hut.Enjoy scenic views of the Gorges Valley and Mt. Kenya's unique landscapes. In the Afternoon have lunch on the trail and continue to Mintos Hut.Refresh with tea and popcorn upon arrival.In the Evening:Take a short hike to view Lake Michaelson, then return to Mintos Hut have dinner and rest early for the summit attempt. Accommodation: Camping at Mintos Hut.



Day 4: Mintos Hut – Lenana Peak (~4,985m) – Chogoria Gate – Met Station

- 1:00 AM: Wake up for tea and prepare for the summit hike. At 2:00 AM: Begin the hike to Point Lenana, reaching the peak at sunrise (6:00–6:30 AM). Enjoy breathtaking views of Mt. Kenya. Start Morning Descent: Descend from the summit, passing Austria Hut and proceeding to Mackinder's Camp for lunch along the way. In the Way Evening: Continue descending to the Met Station for dinner and overnight accommodation.



Day 5: Met Station – Naromoru Gate – Departure

- After breakfast, embark on a 9 km trek to Naromoru Gate. Take Group Photo with the Guides and Potters as they bid you Farewell ,Take transportation back to Nairobi or proceed to your next adventure.

CONTACT US:

MUST HAVE ITEM!

MT KENYA SUMMIT/HIKING



**WARM WATERPROOF
JACKET**



**COLD WEATHER GRADED
SLEEPING BAG**



HOT WATER THERMOS



LARGE BAG PACK FOR POTTERS



WARM HAT/BALACLAVA



WATER BOTTLE/CAMEL BAG



WATER PROOF TROUSERS



HEAD TORCH



SUNSCREEN



THERMAL TOPS/TROUSERS



HIKING SHOES PREFERABLY 2 PAIRS



SNACKS



SUN GLASSES



DAY BAG PACK



WARM JACKETS /TROUSERS



**CARRY YOUR EMERGENCY MEDICINE
BAG**



CAMERA

CONTACT US:

www.silvamontana.com
info@silva montana.com
+2540733333018,+254 0722301118
[@silvamontana254](https://www.instagram.com/silvamontana254)